Astroid Optimization

WIth IMRT plans the variety of possible dose distributions is quite large. Typically if a physician does not like an IMRT plan they will request a plan to be re-run. This requires the planner to input new constraints and objectives and a new plan to be run from the beginning of the optimization process. This is a time consuming process. An MCO (Multi Criteria Optimization) approach allows planners and physicians to visualize the the tradeoff between obtaining the required dose to the target volumes while reducing the dose to the OAR's. MCO treatment planning is based on a set of Pareto optimized plans. Pareto surface navigation puts the interactive exploration of dosimetric objectives at the planners and physicians fingertips. For a given plan it is considered optimal if it satisfies all the constraints and none of the objectives can be improved without worsening at least one of the other objectives. In other words the MCO plan cannot be improved in any one objective without worsening another objective. Instead of just creating one plan the ASTROID TPS creates a database of plans that satisfies the treatment planning goals.

Constraints should be non-negotiable, the highest priority. They are chosen to limit the range of the Pareto surface. It the constraints are too tight there may be no reasonable feasible plans. If the constraints are too loose there may too many to approximate. Objectives are negotiable, they do not have a hard level that must be obtained. The number objectives chosen should be so that all the relevant trade offs will be demonstrated.

Feasibility

Explain feasibility check remind users only based on constraints not objectives Explain how narrowing the window can improve optimizer performance, may be iterative- check feasibility drop constraint, check, drop to not feasible. Start with targets first get them to acceptable levels then add OAR's in constraints. Explain it cam effect on FG level vs plan level. i.e. 2 FG 1 day may be giving whole dose to an OAR and none on another

Running the Optimizer

explain what objectives to put (add them all at once) Explain items that impact how long this takes Calc grid # of objectives # of beams # of spots

Discuss how to check progress (put in later when progress widget done)

Dose Normalization and Display

Fix Me! Screen shots Absolute vs relative color wash isoline etc Everything on right hand side for dose controls

Navigating the Solutions

Fix Me! screen shots & explanations of sliders meaning of each item on the slider Explain save button on sliders reset button on sliders